**What Are My Thoughts?**

* Nothing can be individualized
* They are criminals
* Bad behavior should be punished
* I can’t be manipulated
* They are pushing my buttons
* Kids should be medicated
* It’s what happened to you
* It’s what is wrong with you
* I’m busy
* I don’t have time
* Lack of leadership buy in
* Fidgets are stupid, that won’t work
* Unaddressed trauma of staff
* We are better than the people we serve
* Leave your past in the past
* Yoga and mindfulness won’t work with these kids
* Kids using screen time in moderation is ok
* It’s a behavioral issue, they need consequences
* I’m not clinical, I can’t talk about suicide
* I have nothing else to give
* There is always hope
* We explain trauma to the youth we work with
* Our practices don’t re-traumatize the youth
* Parent involvement is important
* I believe it’s important to take care of myself daily
* Recovery is possible
* I focus on the individual’s strengths I work with
* I can make a difference
* Every life matters
* I have an open mind to try new things
* Parents use our facility as a daycare
* The brain can grow and rebuild
* It’s all about relationships
* They’re here for such a short time
* We can’t screen for trauma
* There are no resources ($)
* I don’t see a future for these kids
* We already “do that”
* We have to be fair, equal, consistent
* We need youth input, youth counsel, or a youth board
* Parents are the problem
* Parents don’t want to be involved