



**At-Risk & Justice-Involved
Youth with Mental Health
Disorders:
What You NEED to Know**

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- ❖ 1 in 5
- ❖ 80%
- ❖ So What.....

**WHICH AT-RISK & JUSTICE-INVOLVED
YOUTH REALLY HAVE A MH DISORDER?**

- ❖ Are you sure?
- ❖ Over, Under, Mis-Diagnosis*
- ❖ Does it matter?
- ❖ Under/Over-represented

- ❖ Home
- ❖ School
- ❖ Relationships
- ❖ “I”

❖ Previous MH Tx?

❖ Medication?

❖ What About.....

2/5:

- ❖ Sad/Irritable
- ❖ Interest
- ❖ Eating
- ❖ Sleep
- ❖ Restless/Slow
- ❖ Fatigue
- ❖ Worthless/Guilty
- ❖ Concentration
- ❖ Suicide

1 Year (or more) Sad/Irritable + 2:

- ❖ Eating
- ❖ Sleeping
- ❖ Fatigue
- ❖ Self-Esteem
- ❖ Concentration
- ❖ Hopeless
- ❖ MD

(1 WEEK OR HOSPITAL)

- ❖ Extreme Elation, Expansive or Irritable Mood
 - ❖ Extreme Increased Activity or Energy
- + 3 or 4:
- Grandiose
 - Sleep
 - Speech
 - Thoughts
 - Distractible
 - Activity
 - Painful Consequences
 - Impairment
 - Not as severe

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Recurrent *temper outbursts*, completely out of proportion (intensity/duration) to situation:

- ❖ Verbal/behavioral
- ❖ 3 or +/week
- ❖ Irritable/angry in-between
- ❖ Over a year
- ❖ 2 settings/severe in 1
- ❖ Start > 10

Pattern of angry/irritable mood, argumentative or vindictiveness.....6 months.....+4

- ❖ Temper
- ❖ Touchy/Easily annoyed
- ❖ Angry/Resentful
- ❖ Argues with adults
- ❖ Actively defies/refuses compliance w/ requests or rules
- ❖ Deliberately annoys
- ❖ Blames
- ❖ Spiteful or vindictive

Repetitive/persistent pattern of violating rights or laws.....+ 3

- ❖ Aggression
- ❖ Destruction
- ❖ Deceitfulness/Theft
- ❖ Rules
- ❖ MMS

Frequent, Intense, Chronic, Syndrome (I)

- ❖ Environmental Risk factors?
- ❖ Individual Tx?
- ❖ Medication?
- ❖ Key Question?
- ❖ Receive Tx?

INATTENTIVE

(6/5-6-2-12)

- ❖ Details
- ❖ Listening
- ❖ Sustained attention
- ❖ Follow-through
- ❖ Organization
- ❖ Mental effort
- ❖ Losing things
- ❖ Distractible
- ❖ Forgetful

HYPERACTIVITY/IMPULSIVITY

(6/5-6-2-12)

- ❖ Fidgets/Taps/Squirms
- ❖ Seated
- ❖ Restless/Inappropriate
- ❖ Loud
- ❖ Moving
- ❖ Talking
- ❖ Blurts out/Wait to speak
- ❖ Taking turns/line
- ❖ Interrupts/Intrudes

Symptoms for <1 Month

EXPOSURE

- 1) Directly experience
- 2) Witness happening to others
- 3) Learning it happened to family/close friend
- 4) Repeated or extreme exposure to aversive details

INTRUSION

- ❖ Memories
- ❖ Nightmares
- ❖ Flashbacks/Dissociation
 - ❖ Detached/Outside observer
 - ❖ Unreal/Dreamlike surroundings
- ❖ Intense/Prolonged distress
- ❖ Major Bodily Reaction

AVOIDANCE

- ❖ Memories, thoughts, feelings
- ❖ Reminders

MOOD & THINKING

- ❖ Can't remember important aspects
- ❖ Negative beliefs
- ❖ Distorted cause/consequences
- ❖ Chronic negative feelings
- ❖ Detached/different

AROUSAL/REACTIVITY

- ❖ Irritable/Angry outbursts
- ❖ Reckless/Self-destructive behavior
- ❖ Hypervigilance
- ❖ Exaggerated startle response
- ❖ Concentration problems
- ❖ Sleep problems

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- ❖ Repeated or collective
 - ❖ IP vs. ND
 - ❖ Exploit, abuse, neglect, abandon
 - ❖ Adult(s)
 - ❖ Child or teen
 - ❖ Emot/phys health
 - ❖ Emotion regulation
 - ❖ Chronic--adapt, resign, dissoc
 - ❖ Betrayal—trust--relationships

HI OR BD

- ❖ Neuropsychological
- ❖ Can't vs. Won't
- ❖ DD

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- ❖ Delusions
 - ❖ Hallucinations
 - ❖ Disorganized thinking/speech
 - ❖ Disorganized/abnormal behavior
 - ❖ Negative symptoms

Co-_____

&

Co-_____ Disorders

WHAT YOU DO MATTERS!



The image displays three book covers and a portrait of the author. On the left is the cover of 'WHEN TO WORRY: How to Tell If Your TEEN NEEDS HELP—and What to Do About It' by Lisa Boesky, Ph.D. In the center is a portrait of Dr. Lisa Boesky, a woman with long brown hair wearing a dark blazer. On the right is the cover of 'JUVENILE OFFENDERS MENTAL HEALTH DISORDERS: Who Are They, and What Do We Do With Them?' (Second Edition) by Lisa Boesky, Ph.D.

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